



Menu

February 2012

Monday**Tuesday****Wednesday****Thursday****Friday**

6 S: Zucchini Muffins (V)
Bean & Cheese Nachos w/ Veggie Spanish Rice, & Fruit
S: Goldfish & Apples

13 S: Blueberry Muffin(V)
Chicken w/ Broccoli & Cheese, & Fruit
S: Strawberry Chex-Mix & Sliced Strawberries

20 S: Yogurt w/ Granola
Turkey Chili w/ Veggies, Crackers, & Fruit
S: Nut Free PB&J Triangles & Oranges

27 S: Eggs & Bacon (V)
English Muffin Cheese Pizza w/ a Greek Salad, & Fruit
S: Rice Cakes & Pears

7 S: Nutri-Grain Bar (V)
Hamburger Sliders w/ Sweet Potato Fries, & Fruit
S: Pretzel Sticks & Oranges

14 S: Yogurt Parfait
Valentine's Day Party!
S: Veggie Platter & Apples

21 S: Cheerios (V)
Pizza Bagels w/ Caesar Salad, & Fruit
S: Goldfish & Strawberries

28 S: Kix (V)
Chicken, Spinach & Wild Mushroom Quesadillas w/ Rice, & Fruit
S: Teddy Grahams & Apples

1 S: Cheerios (V)
Chili & Cheese Frito Pies w/ Corn, & Fruit
S: Animal Crackers & Pineapples

8 S: Raisin Bread (V)
Grilled Chicken w/ Mac & Cheese, & Fruit
S: Pita Bread w/ Hummus & Blueberries

15 S: French Toast (V)
Pepperoni Pizza Bread w/ a House Salad, & Fruit
S: Whole Grain Crackers, Cube Cheese, & Pears

22 S: Cranberry Muffins(V)
Beef Ravioli w/ Green Beans, & Fruit
S: Vanilla Wafers & Bananas

29 S: Oatmeal w/ Raisins
Super Sloppy Joes w/ Sweet Potato Fries, & Fruit
S: Cucumber & Veggie Dip w/ Blueberries

2 S: Bagels & Blueberry Cream Cheese (V)
Whole Wheat Chicken Quesadillas w/ Steamed Broccoli, & Fruit
S: Cheese-Its & Grapes

9 S: Strawberry Pancakes (V)
Beef Enchilada Casserole w/ Pinto Beans, & Fruit
S: String Cheese & Raspberries

16 S: Toast & Jam (V)
Beef Stroganoff Stew w/ Peas, & Fruit
S: Ramen Noodles & Watermelon

23 S: Biscuit (V)
Chicken & Rice w/ Mushroom Gravy, & Fruit
S: Oatmeal Cookie & Raisins

3 S: Western Scrambled Eggs & Ham (V)
Grilled Cheese Sandwiches w/ Mixed Veggies, & Fruit
S: Fig Newton's & Bananas

10 S: Chex Mix (V)
Turkey Sandwiches w/ Cheddar Sun Chips, & Fruit
S: Graham Crackers & Grapes

17 S: Kix (V)
Southwest Turkey Wrap w/ Baked Lays, & Fruit
S: Wheat Thins & Dried Cranberries

24 S: Cinnamon Toast (V)
Ham & Cheese Subs w/ Carrots Sticks & Ranch, & Fruit
S: String Cheese & Apples