



# Menu

May 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3 Chex Mix Cereal (V)</b> <b>Ham &amp; Cheese Sand-</b> <b>wiches w/ Chips,</b> <b>&amp; Fresh Fruit</b> <b>Apple Sauce</b>	<b>4 Special K Bar</b> <b>Tuna Fish Sandwiches</b> <b>w/ Baked Lays &amp; Fruit</b> <b>*Carrots &amp; Ranch Dip</b>	<b>5 Nutri-Grain Bars (V)</b> <b>Chicken Spaghetti w/</b> <b>Peas, &amp; Fresh Fruit</b> <b>Ham &amp; Cheese Crackers</b>	<b>6 *Yogurt w/ (V)</b> <b>Granola</b> <b>Bean &amp; Cheese Que-</b> <b>sadillas w/ Corn, &amp;</b> <b>Fresh Fruit</b> <b>Wheat Thins</b>	<b>7 Blueberry (V)</b> <b>Muffins</b> <b>Nut Free PB&amp;J Sand-</b> <b>wiches w/ Chips, &amp;</b> <b>Fresh Fruit</b> <b>Graham Crackers</b>
<b>10 Chex-Mix</b> <b>Sloppy Joes w/</b> <b>Potato Salad &amp; Fresh</b> <b>Fruit</b> <b>Cheese Stick</b>	<b>11 *Bagels &amp; Cream</b> <b>Cheese</b> <b>Pepperoni Pita Pizzas</b> <b>w/ Tossed Salad, &amp;</b> <b>Fresh Fruit</b> <b>Trail Mix</b>	<b>12 French Toast (V)</b> <b>Beef Tacos w/ Veggies,</b> <b>Ranch Style Beans, &amp;</b> <b>Fruit</b> <b>Goldfish</b>	<b>13 Lemon Muffins (V)</b> <b>Grilled Cheese Sand-</b> <b>wiches w/ Corn, &amp;</b> <b>Fresh Fruit</b> <b>Banana Smoothies</b>	<b>14 Cheerios (V)</b> <b>Frito Pie w/ Cheddar</b> <b>Cheese, Corn, &amp;</b> <b>Fruit</b> <b>Vanilla Wafers</b>
<b>17 Kix (V)</b> <b>Chicken &amp; Rice w/</b> <b>Diced Carrots and</b> <b>Celery, &amp; Fresh Fruit</b> <b>Cheese Cubes w/ Ritz</b> <b>Crackers</b>	<b>18 *Bagels &amp; Cream</b> <b>Cheese</b> <b>Beef Fajitas w/ Charro</b> <b>Beans, &amp; Fresh Fruit</b> <b>Animal Crackers</b>	<b>19 Blueberry Muffins (V)</b> <b>Chicken &amp; Spinach Que-</b> <b>sadillas w/ Multit-Grain</b> <b>Rice, &amp; Fresh Fruit</b> <b>Wheat Thins</b>	<b>20 Special K Bar</b> <b>Chicken Nuggets w/</b> <b>Mac &amp; Cheese, &amp; Fresh</b> <b>Fruit</b> <b>*Fruit Kabobs w/Dip</b>	<b>21 Chex-Mix Cereal</b> <b>Chicken, Broccoli &amp;</b> <b>Rice Casserole w/</b> <b>Fresh Fruit</b> <b>Cheese-Its</b>
<b>24 Cheerios</b> <b>Chicken Salad Sand-</b> <b>wiches w/ Sweet Po-</b> <b>tato Fries, &amp; Fresh</b> <b>Fruit</b> <b>Teddy Grahams</b>	<b>25 Yogurt w/ Fruit (V)</b> <b>Sub Sandwiches w/</b> <b>Lettuce, &amp; Tomato,</b> <b>Chips, &amp; Fresh Fruit</b> <b>*Cucumbers w/</b> <b>Homemade Dip</b>	<b>26 Biscuits &amp; Jam (V)</b> <b>Nachos w/ Black Beans,</b> <b>Lettuce &amp; Tomatoes, &amp;</b> <b>Fresh Fruit</b> <b>Animal Crackers</b>	<b>27 Blueberry Muffins</b> <b>Grilled Garlic Chicken</b> <b>w/ Asparagus, &amp; Fresh</b> <b>Fruit</b> <b>*Guacamole w/</b> <b>Tortilla Chips</b>	<b>28 Nutri-Grain (V)</b> <b>Bars</b> <b>Spaghetti w/ Meat</b> <b>Balls, Steamed</b> <b>Carrots, &amp; Fresh Fruit</b> <b>Goldfish</b>
<b>31</b>  <b>NO SCHOOL!!!</b>			<b>*Cheese Sandwiches</b> <b>are served daily as a</b> <b>second option.</b>	<b>*Means the children</b> <b>are helping prepare</b> <b>the meal</b>