

Menu

September 2010

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Nutri-Grain Bars Grilled Chicken w/ Cous Cous, & Fruit Graham Cracker Smores & Apples</p>	<p>2 Banana Pancakes Italian Meatloaf w/ Mixed Vegetables & Fruit Whole Grain Crackers & Cantelope</p>	<p>3 Special K Bars Tabbouleh w/ Garden Toma atoes, Bread, & Fruit Sun Chips & Watermelon</p>
<p>6 School Closed Labor Day</p>	<p>7 Cheerios Beef Tacos w/ Lettuce & Tomatoes, & Fruit Nut Free PB&J Triangles & Strawberries</p>	<p>8 Cheese Toast Creamy Bowtie Alfredo w/ Steamed Broccoli, & Fruit Bean Burritos & Pineapple</p>	<p>9 Cranberry & Orange Muffins Honey Lemon Chicken w/ Moroccan Rice Pilaf, & Fruit Ants on a Log & Pears</p>	<p>10 Yogurt w/ Granola Hot Ham & Cheese Sliders w/ Carrots, & Fruit Animal Crackers & Rasp- berries</p>
<p>13 Pancakes Grilled Curry Chicken w/ Quinoa, & Fruit Carrot Sticks w/ Veggie Ranch Dip & Grapes</p>	<p>14 Blueberry Muffins Meatball Minestrone Soup w/ Carrots, French Bread, & Fruit Goldfish & Grapes</p>	<p>15 Bagels & Raspberry Cream Cheese Potato & Egg Quesadillas w/ Black Beans & Fruit Peach Smoothies & Apple Sauce</p>	<p>16 Yogurt Parfait Turkey Subs w/ Asian Slaw & Fruit Apple Wedges & Mozzarella Chunks</p>	<p>17 Special K Bars Chicken Spaghetti w/ Peas, & Fresh Fruit Fig Newton's & Grapes</p>
<p>20 Banana Muffins Sweet & Sour Pork w/ Noodles, Snap Peas, & Fruit Cheddar Cubes & Apples</p>	<p>21 Cheerios Squash Spaghetti w/ Meat- balls, Green Beans, & Fruit Vanilla Wafers & Bananas</p>	<p>22 Mult-Grain Waffles Hand Breaded Oven Baked Chicken Nuggets w/ Hericot Verts, & Fruit Strawberries & Goldfish</p>	<p>23 Cinnamon Toast Vegetable Lasagna w/ Whole Grain Bread, & Fruit Watermelon & Graham Crackers</p>	<p>24 Nutri-Grain Bars Nut-Free PB&J Sandwiches w/ Sun Chips, & Fruit Celery Sticks w/ Cottage Cheese Dip</p>
<p>27 Scrambled Eggs & Bacon Italian Sausage Tortellini Soup w/ Tomatoes, & Wheat Crackers Cheese-Its & Blueberries</p>	<p>28 Carrot Muffins Fettuccine Noodles w/ Turkey Meatballs & Zuc- chini, & Fruit Fruit Cups & String Cheese</p>	<p>29 Chex-Mix Grilled Chicken Sliders w/ Tator Tots, & Fruit Orange Sorbet w/ Mint & Raspberries</p>	<p>30 Raisin Bread Beef & Broccoli Stir-Fry w/ Brown Rice & Fruit Peaches & Ramen Noo- dles</p>	