



September 2021

| Mon | Tues | Wed | Thu | Fri |
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| | | 1. Cinnamon Raisin Bagels w/ Cream Cheese Pepperoni Grilled Cheese, Side Salad & Fresh Fruit Cinnamon Pita Triangles w/ Mango Cubes V: Veggie Grilled Cheese | 2. French Toast Casserole Cheese Ravioli, Roasted Broccoli and Carrots & Fresh Fruit Turkey and Cheese w/ Crackers V: Entrée is Vegetarian | 3. Yogurt w/ Fresh Fruit Southwest Chicken and Rice Bowls, Tortilla Chips w/ Guacamole & Fresh Fruit Oranges w/ Vanilla Wafers V: Southwest Black Bean Rice Bowls |
| 6. No School Labor Day | 7. Cereal w/ Fresh Fruit Bean and Cheese Tacos, Fiesta Corn Salad, & Fresh Fruit Chex Mix w/ Cucumber Coins V: Entrée is Vegetarian | 8. Mango Lassi w/ Granola Hot Ham and Swiss Sliders, Sweet Potato Fries & Fresh Fruit Green Smoothies w/ Pretzels V: Beyond Meat Veggie Sliders | 9. Apple Butter w/ English Muffins Italian Chicken and Rice, Roasted Broccoli & Fresh Fruit Cheese Cubes w/ Crackers V: Italian Tofu and Rice | 10. Roasted Veggie and Cheese Frittata Cheese Pizza, Caesar Salad & Fresh Fruit Chocolate Tofu Dip w/ Grahams V: Entrée is Vegetarian |
| 13. Cereal w/ Dried Fruit Turkey Pesto Melts, Roasted Sweet Potato & Fresh Fruit Vanilla Wafers w/ Fresh Fruit V: Veggie Pesto Melts | 14. Hash Browns Beef Fried Rice, Veggie Eggrolls, & Fresh Fruit Chex Mix w/ Broccoli Trees V: Veggie Fried Rice | 15. Cranberry Oat Bars Curried Cauliflower and Garbanzo Beans, Peas Pulao & Fresh Fruit Pretzels w/ Cheese Cubes V: Entrée is Vegetarian | 16. Yogurt w/ Granola Chicken Cacciatore, Garlic Bread Sticks, & Fresh Fruit Bananas w/ Animal Crackers V: Veggie Cacciatore | 17. Boiled Eggs w/ Avocado Toast Cheese Tortellini, Rainbow Salad, & Fresh Fruit Veggie Chips w/ Carrot Sticks V: Entrée is Vegetarian |
| 20. Cereal w/ Fresh Fruit Roasted Turkey and Veggies, Orzo Risotto & Fresh Fruit Green Smoothies w/ Grahams V: Roasted Tofu and Veggies | 21. Blueberry Carrot Muffins Chicken Quesadillas, Corn on the Cob, & Fresh Fruit Hummus w/ Cucumber Coins and Crackers V: Veggie Quesadillas | 22. Green Eggs and Ham Spinach Basil Pesto Pasta, Roasted Carrots & Fresh Fruit Cheese Plates w/ Crackers V: Entrée is Vegetarian | 23. Cinnamon Toast w/ Spiced Apples Black Bean Enchiladas, Side Salad w/ Avocado Ranch, & Fresh Fruit Fresh Fruit w/ Vanilla Wafers V: Entrée is Vegetarian | 24. Acai Smoothie Bowls w/ Granola Chicken Bacon Ranch Pasta, Roasted Veggies & Fresh Fruit Mango Salsa w/ Tortilla Chips V: Veggie Ranch Pasta |
| 27. Cereal w/ Dried Fruit Pasta w/ Meatballs, Roasted Veggies, & Fresh Fruit Bananas w/ Sunbutter V: Pasta w/ Veggie Meatballs | 28. Breakfast Bread Butter Chicken w/ Basmati Rice, Roasted Broccoli & Fresh Fruit Carrot Sticks and Crackers w/ Hummus V: Butter Tofu | 29. Supergreen Smoothies w/ Toast Breakfast Tacos, Roasted Potato, Fresh Fruit Chex Mix w/ Fresh Fruit V: Entrée is Vegetarian | 30. Yogurt w/ Peaches Beef and Cheese Sliders, Sweet Potato Fries, & Fresh Fruit Tortilla Chips w/ Guacamole and Salsa V: Beyond Meat Veggie Sliders | |