

# January 2022

Mon	Tues	Wed	Thu	Fri
<p>3.</p> <p><b>Teacher in Service Day School Closed</b></p>	<p>4. Cereal w/ Fresh Fruit</p> <p>Italian Chicken w/ Brown Rice and Veggies, &amp; Fresh Fruit</p> <p>Bananas w/ Grahams</p> <p>V: Italian Tofu w/ Brown Rice and Veggies</p>	<p>5. Yogurt w/ Peaches</p> <p>Pasta w/ Meatballs, Roasted Broccoli &amp; Fresh Fruit</p> <p>Chex Mix w/ Cheese Cubes</p> <p>V: Pasta w/ Veggie Sauce</p>	<p>6. French Toast w/ Blueberry Syrup</p> <p>Ham and Swiss Sliders, Sweet Potato Fries &amp; Fresh Fruit</p> <p>Oranges w/Vanilla Wafers</p> <p>V: Veggie Swiss Melts</p>	<p>7. Green Eggs and Ham</p> <p>Cheese Tortellini, Rainbow Salad, &amp; Fresh Fruit</p> <p>Hummus w/ Toasted Pita</p> <p>V: Entrée is Vegetarian</p>
<p>10. Biscuits and Turkey Sausage Gravy</p> <p>Beef and Veggie Nachos, Southwest Salad, &amp; Fresh Fruit</p> <p>Chex Mix w/ Broccoli Trees and Ranch Dip</p> <p>V: Veggie Nachos</p>	<p>11. Kinder Choice Day RP and SR Yogurt w/Strawberries</p> <p>Cheese Pizza w/ Roasted Broccoli, &amp; Sliced Apples</p> <p>Cheese Plates w/ Crackers</p> <p>V: Entrée is Vegetarian</p>	<p>12. Cinnamon Raisin Bagels w/ Cream Cheese Dip</p> <p>Bean and Cheese Quesadillas, Corn on the Cob &amp; Fresh Fruit</p> <p>Pretzels w/ Chocolate Tofu Dip</p> <p>V: Entrée is Vegetarian</p>	<p>13. Veggie Hash</p> <p>Chicken Tikka Masala, Garlic Pita &amp; Fresh Fruit</p> <p>Chef's Choice Smoothies w/ Crackers</p> <p>V: Garbanzo Tikka Masala</p>	<p>14. Migas</p> <p>Pasta Primavera, Cesar Salad, &amp; Fresh Fruit</p> <p>Turkey and Cheese Rollups</p> <p>V: Entrée is Vegetarian</p>
<p>17.</p> <p><b>MLK Day School Closed</b></p>	<p>18. Cereal w/ Dried Fruit</p> <p>Beef and Cheese Sliders Tater Tots, &amp; Fresh Fruit</p> <p>Mango Salsa w/ Tortilla Chips</p> <p>V: Veggie Noodle Casserole</p>	<p>19. Carrot Raisin Bread</p> <p>Chicken Noodle Casserole, Roasted Broccoli &amp; Fresh Fruit</p> <p>Green Smoothies w/Goldfish</p> <p>V: Veggie Sliders</p>	<p>20. Boiled Eggs w/ Roasted Potato</p> <p>Creamy Tomato Basil Pasta, Caesar Salad, &amp; Fresh Fruit</p> <p>Cheese Plates and Crackers</p> <p>V:Entrée is Vegetarian</p>	<p>21. Sweet Potato Hash</p> <p>Turkey Pesto Melts, Roasted Veggies, &amp; Fresh Fruit</p> <p>Goldfish w/ Fresh Fruit</p> <p>V:Veggie Pesto Melts</p>
<p>24. Superfood Smoothies w/Cinnamon Toast</p> <p>Broccoli Alfredo, Garden Salad, &amp; Fresh Fruit</p> <p>Pepperoni and Cheese Rollups</p> <p>V:Entrée is Vegetarian</p>	<p>25. Cranberry Oat Bars</p> <p>Hot Ham and Cheddar Melts, Roasted Brussels and Butternut Squash, &amp; Fresh Fruit</p> <p>Carrot Sticks w/ Crackers and Hummus</p> <p>V:Veggie Melts</p>	<p>26. Scrambled Eggs</p> <p>Black Bean and Veggie Rice Bowls, Tortilla Chips w/ Guacamole, &amp; Fresh Fruit</p> <p>Cheese Cubes w/ Pretzels</p> <p>V: Entrée is Vegetarian</p>	<p>27. English Muffins w/ Applesauce</p> <p>Chicken Enchiladas, Fiesta Corn Salad, &amp; Fresh Fruit</p> <p>Fresh Fruit w/ Graham Crackers</p> <p>V: Veggie Enchiladas</p>	<p>28. Waffles w/Syrup</p> <p>Pasta w/ Turkey and Veggie Bolognese, Garlic Bread, &amp; Fresh Fruit</p> <p>Chex Mix w/ Cucumber Coins</p> <p>V: Pasta w/ Veggie Sauce</p>
<p>31. Hash Browns w/ Ketchup</p> <p>Chicken Lo Mein, Veggie Eggrolls, &amp; Fresh Fruit</p> <p>Soft Pretzel Bites w/ Honey Mustard</p> <p>V:Veggie Lo Mein</p>				