



July 2022

Mon	Tues	Wed	Thu	Fri
				1. Cereal w/ Bananas Pasta w/Meatballs, Garden Salad, & Fresh Fruit Red, white, and Blue Popsicles w/ Chex Mix V: Pasta w/ Veggie Sauce
4.  School Closed	5.  School Closed	6. Green Smoothies w/ Granola Black Bean and Cheese Tacos, Side Salad, & Fresh Fruit Broccoli Trees w/Veggie Chips and Ranch Dip V:Entrée is Vegetarian	7. Sunbutter and Strawberry Toast Turkey and Swiss Hoagies, Sweet Potato Fries & Fresh Fruit Tangerines w/Animal Crackers V:Veggie Swiss Hoagies	8. Bacon Egg and Potato Frittata Veggie Pasta Salad, Roasted Broccoli, & Fresh Fruit Pretzels w/ Cheese Cubes V:Entrée is Vegetarian
11. Yogurt w/ Fresh Berries Chicken Nachos, Corn on the Cob, & Fresh Fruit Vanilla Wafers w/ Fresh Fruit V: Veggie Nachos	12. Migas Veggie Mac, Roasted Veggies, & Fresh Fruit Chex Mix w/ Carrots V: Entrée is Vegetarian	13. Waffles w/ Syrup Beef and Cheese Sliders, Garden Salad, & Fresh Fruit Oranges w/ Graham Crackers V: Veggie Sliders	14. Hashbrowns w/ Ketchup Turkey Chili, Tortilla Chips w/ Guacamole, & Fresh Fruit Green Smoothies w/ Crackers V: Vegetarian Chili	15. Breakfast Bread Spinach Basil Pesto Pasta, Rainbow Salad, & Fresh Fruit Cucumber Coins w/ Pita Chips and Hummus V:Entrée is Vegetarian
18. Cereal w/ Fresh Fruit Ham and Cheese Pinwheels, Peas and Carrots, & Fresh Fruit Cheese Plates with Crackers V:Veggie and Cheese Pinwheels	19. Scrambled Eggs w/ Flour Tortillas Sunbutter and Jelly Sandwiches, Roasted Broccoli and Carrots, & Fresh Fruit Tangerines w/ Animal Crackers V:Entrée is Vegetarian	20. Veggie Hash Antipasto Pasta Salad, Garlic Pita Triangles & Fresh Fruit Chocolate Tofu Dip w/ Bananas V: Veggie Antipasto Pasta Salad	21. Bagels w / Cream Cheese Southwest Chicken and Rice Bowls, Tortilla Chips w/ Salsa & Fresh Fruit Mango salsa w/ Cinnamon Pita Chips V:Veggie Southwest Rice Bowls	22. French Toast w/ Berries and Cream Turkey and Cheese Sandwiches w/ Lettuce and Tomato, Sunchips & Fresh Fruit Pretzels w/ Honey Mustard V: Veggie and Cheese Sandwiches
25. Rice Cakes w/ Sunbutter Philly Cheesesteak Sliders, Veggie Chips, & Fresh Fruit Bananas w/ Vanilla Wafers V: Veggie Sliders	26. Boiled Eggs w/ Avocado Toast Creamy Tomato Basil Pasta, Side Salad & Fresh Fruit Hummus w/ Pita Chips V: Entrée is Vegetarian	27. Breakfast Bread Tex Mex Mac n Cheese, Street Corn, & Fresh Fruit Goldfish w/ Fresh Fruit V: Veggie Mac n Cheese	28. Chef's Choice Smoothies w/ Cinnamon Toast Cheese Pizza, Roasted Veggies, & Fresh Fruit Turkey and Cheese Rollups V:Entrée is Vegetarian	29. Biscuits w/ Jam Bean and Cheese Burritos, Cucumber Tomato Salad, & Fresh Fruit Fresh fruit w/ Crackers V:Entrée is Vegetarian