



May 2023



Mon	Tues	Wed	Thu	Fri
<p>1. Cereal w/ Dried Fruit</p> <p>Pasta w/ Meatballs, Side Salad, & Fresh Fruit</p> <p>Cheese Cubes and Crackers</p> <p>V: Pasta Sauce w/ Beyond Meat</p>	<p>2. Biscuits w/ Jam</p> <p>Turkey and Cheese Sandwiches, Veggie Chips, & Fresh Fruit</p> <p>Broccoli Trees w/ Ranch Dip and Pretzels</p> <p>V: Veggie and Cheese Sandwiches</p>	<p>3. Yogurt w/ Granola</p> <p>Black Bean and Veggie Rice Bowls, Tortilla Chips, Guacamole and Salsa, & Fresh Fruit</p> <p>Oranges w/ Vanilla Wafers</p> <p>V: Entree is Vegetarian</p>	<p>4. Cinnamon Toast w/ Sunbutter</p> <p>Creamy Tomato Basil Pasta, & Fresh Fruit</p> <p>Crunchy Pita Chips w/ Hummus</p> <p>V: Entree is Vegetarian</p>	<p>5. Cereal w/ Fresh Fruit and Milk</p> <p>Arroz Con Pollo, Elote Corn Salad, & Fresh Fruit</p> <p>Bananas w/ Graham Crackers</p> <p>V: Pinto Beans w/ Spanish Rice</p>
<p>8. Veggie Hash w/ Ketchup</p> <p>Antipasto Pasta Salad, Side Salad, & Fresh Fruit</p> <p>Tangerines w/ Animal Crackers</p> <p>V: Veggie Antipasto Salad</p>	<p>9. Mango Smoothies w/ Whole Grain Toast</p> <p>Singapore Chicken and Rice, Sesame Cucumber Salad, & Fresh Fruit</p> <p>Apple Slices w/ Goldfish</p> <p>V: Singapore Tofu</p>	<p>10. Banana Oat and Chocolate Chip Bread</p> <p>Southwest Turkey and Veggie Chili, Garlic Breadsticks, & Fresh Fruit</p> <p>Cheese Plates w/ Crackers</p> <p>V: Southwest Veggie Chili</p>	<p>11. English Muffins w/ Raspberry Chia Jam</p> <p>Herb Roasted Chicken, Quinoa and Veggie Macro Bowls, & Fresh Fruit</p> <p>Green Smoothies w/ Veggie Chips</p> <p>V: Herb Roasted Tofu</p>	<p>12. Boiled Eggs w/ Avocado Toast</p> <p>Spinach Basil Pesto Pasta, Caesar Salad, & Fresh Fruit</p> <p>Fresh Fruit w/ Wheat Thins</p> <p>V: Entree is Vegetarian</p>
<p>15. Cereal w/ Fresh Fruit</p> <p>Chicken and Veggie Pancit, Cucumber Tomato Salad, & Fresh Fruit</p> <p>Turkey and Cheese Rollups</p> <p>V: Veggie Pancit</p>	<p>16. Strawberry Breakfast Bread</p> <p>Beef and Veggie Nachos, Mixed Veggies, & Fresh Fruit</p> <p>Green Smoothies w/ Toasted Pita</p> <p>V: Black Bean Nachos</p>	<p>17. Spiced Peaches w/ Cinnamon Raisin Toast</p> <p>Chicken Tikka Masala, Curry Roasted Cauliflower & Fresh Fruit</p> <p>Fresh Fruit w/ Chex Mix</p> <p>V: Garbanzo Masala</p>	<p>18. Turkey Bacon and Eggs</p> <p>Pasta Primavera, Roasted Veggies, & Fresh Fruit</p> <p>Chef's Choice Smoothies w/ Pretzels</p> <p>V: Entree is Vegetarian</p>	<p>19. Smoked Paprika and Veggie Sweet Potato Hash</p> <p>Pepperoni Pizza, Garden Salad, & Fresh Fruit</p> <p>Tangerines w/ Crackers</p> <p>V: Cheese Pizza</p>
<p>22. Everything Bagels w/ Veggie Cream Cheese</p> <p>Veggie Lo Mein, Veggie Egg Rolls, & Fresh Fruit</p> <p>Chef's Choice Smoothies w/ Crackers</p> <p>V: Entree is Vegetarian</p>	<p>23. Waffles w/ Strawberry Syrup</p> <p>Bean and Cheese Quesadillas, Chopped Avocado Salad, & Fresh Fruit</p> <p>Goldfish w/ Fresh Fruit</p> <p>V: Entree is Vegetarian</p>	<p>24. Hash Browns w/ Ketchup</p> <p>Veggie Mac, Rainbow Salad, & Fresh Fruit</p> <p>Turkey and Cheese Slices w/ Ritz Crackers</p> <p>V: Entree is Vegetarian</p>	<p>25. Toasted Quinoa and Dried Fruit Granola Bars</p> <p>Beef and Cheese Sliders, Roasted Broccoli, & Fresh Fruit</p> <p>Soft Pretzel Bites w/ Honey Mustard</p> <p>V: Beyond Meat Burgers</p>	<p>26. Veggie Scramble w/ Tortillas</p> <p>Turkey and Cheese Sandwiches and Fresh Fruit</p> <p>Fresh Fruit w/ Pretzels</p> <p>V: Veggie and Cheese Sandwiches</p>
<p>29.</p> <p>Memorial Day</p> <p>School Closed</p>	<p>30.</p> <p>Teacher In-Service Day</p> <p>School Closed</p>	<p>31. Breakfast Bread</p> <p>Sunbutter and Jelly Sandwiches, Roasted Veggies, & Fresh Fruit</p> <p>Sunshine Smoothies w/ Goldfish</p> <p>V: Entree is Vegetarian</p>		