




November



Mon	Tues	Wed	Thu	Fri
		1. Scrambled Eggs Florentine Hot Ham and Swiss Hoagies, Roasted Sweet Potato and Brussel Sprouts & Fresh Fruit Goldfish w/ Fresh Fruit V: Veggie Swiss Hoagies	2. English Muffins w/ Apple Butter Arroz Con Pollo, Buttered Corn, & Fresh Fruit Green Smoothies w/ Pita Chips V: Pinto Beans w/ Spanish Rice	3. Breakfast Bread Pasta w/ Meatballs, Caesar Salad, & Fresh Fruit Cheese Cubes and Crackers V: Pasta w/ Veggie Sauce
6. Parent Conferences School Closed	7. Election Day School Closed	8. Yogurt w/ Granola Three Bean and Veggie Chili, Cornbread Muffins, & Fresh Fruit Fresh Fruit w/ Animal Crackers V: Entree is Vegetarian	9. Cinnamon Raisin Bagels w/ Cream Cheese Chicken Green Curry, Jasmine Rice, & Fresh Fruit Sunbutter w/ Ritz Crackers and Bananas V: Tofu Green Curry	10. Bacon and Eggs Pasta Primavera, Roasted Broccoli, & Fresh Fruit Chocolate Tofu Dip w/ Pretzels V: Entrée is Vegetarian
13. Mango Lassi w/ Toasted Cinnamon Naan Bread Veggie Dahl, Peas Pulao & Fresh Fruit Masala Sweet Potato Fries V: Entree is Vegetarian	14. Hash Browns w/ Ketchup Chicken Noodle Soup, Garlic Breadsticks, & Fresh Fruit Chefs Choice Smoothies w/ Goldfish V: Veggie Noodle Soup	15. Breakfast Bread Beef and Cheese Sliders, Roasted Root Veggies, & Fresh Fruit Oranges w/ Vanilla Wafers V: Veggie Sliders	16. Cereal w/ Fresh Fruit Roasted Turkey Mashed Potatoes and Gravy, Green Beans, Cranberry Sauce, & Fresh Fruit Pumpkin Bread V: Herb Roasted Tofu	17. Scrambled Eggs and Tortillas Broccoli Alfredo Pasta, Side Salad & Fresh Fruit Fresh Fruit w/ Graham Crackers V: Entree is Vegetarian
20. School Closed	21. School Closed	22. School Closed	23. School Closed	24. School Closed
27. Cereal w/ Dried Fruit Turkey and Cheese Sandwiches, Tater Tots, and Fresh Fruit Fresh Fruit w/ Pretzels V: Veggie and Cheese Sandwiches	28. Sweet Potato Hash Tomato Basil Soup, Grilled Cheese Bites, & Fresh Fruit Turkey and Cheese Slices w/ Crackers V: Entree Is Vegetarian	29. Waffles w/ Blueberry Syrup Bean and Cheese Quesadillas, Garden Salad w/ Avocado Ranch, & Fresh Fruit Veggie Chips w/ Cucumber Coins & Veggie Cream Cheese Dip V: Entree Is Vegetarian	30. Biscuits w/ Whipped Honey Butter Chicken Tikka Masala, Basmati Rice, Roasted Veggies, & Fresh Fruit Chefs Choice Smoothies w/ Chex Mix V: Garbanzo Tikka Masala	