

# JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1. Chef's choice smoothie</b> Butter bean soup w /ham, white rice & fresh fruit Cheez-its and fruit V. Butter bean soup	<b>2.</b> <b>School Closed</b> Independence Day	<b>3.</b> <b>School Closed</b> Independence Day
<b>6. Rice Chex w/ dry fruit</b> Cuban sliders w/ chips and fresh fruit Tropical smoothie w/ vanilla crackers V. Veggie sliders	<b>7. Cinnamon toast w/ spiced peaches</b> Beef and broccoli w/ brown rice & fresh fruit Fortune Cookies and Tangerines V. Veggies and Broccoli	<b>8. Mango Lassi w/ crackers</b> Chicken noodle soup w/ saltines & fresh fruit Cheese cubes w/ crackers V. Veggie noodle soup	<b>9. Egg Muffins</b> Vegetable biryani rice and fresh fruit Goldfish w/ fruit V. Entrée is vegetarian	<b>10. Bagels w/ strawberry cream cheese</b> Fettuccini Broccoli Alfredo pasta w/ garlic bread and fresh fruit Deli tray w/ crackers V. Entrée is vegetarian
<b>13. Yogurt granola and cranberries</b> Southwest beef chili and corn bread & fresh fruit Baby carrots w/ ranch and crackers V. Three bean chili	<b>14. Apple crumbs</b> Greek chicken gyros, cucumber tomato salad & fresh fruit Bananas & Graham crackers V. Greek tofu gyros	<b>15. Veggie Frittata</b> Chicken nuggets w/ Mac and Cheese & fresh fruit Broccoli trees and veggie chips V. Veggie Nuggets	<b>16. Migas</b> Rajma Masala w /Indian spiced potatoes & fresh fruit Tangerines w/ vanilla wafers V. Entrée is vegetarian	<b>17. Strawberry smoothie w/ graham crackers</b> Tomato basil soup w/ grilled cheese sandwiches & fresh fruit Pepperoni and cheese tray V. Entrée is vegetarian
<b>20. Waffles w/ blueberry jam</b> Chicken Thai soup w/ roasted veggies & fresh fruit Cheese sandwiches V. Veggie Thai soup	<b>21. Breakfast bread</b> Beef and Cabbage soup w/ saltines and fresh fruit Soft pretzels w/ honey mustard V. Potato and cabbage soup	<b>22. Cereal, milk and fruit</b> Pork fried rice w/ veggie eggrolls and fresh fruit Queso Dip w/ chips V. Veggie fried rice	<b>23. Ham and cheese bake rolls</b> Caribbean Palau w/ beans and spinach & fresh fruit Chex mix and fruit V. Entrée is vegetarian	<b>24. Strawberry smoothie w/ Graham crackers</b> Spinach basil pesto pasta, side salad & fresh fruit Hummus w/ pita bread and veggies V. Entrée is vegetarian
<b>27. Veggie scrambled w/ toast</b> Roasted pork and veggies stir-fry and fresh fruit Apple slices w/ sun butter V. Veggie Stir-fry	<b>28. Sweet potato casserole</b> Shepherd's pie w/ roasted veggies & fresh fruit Strawberry lemonade w/ crackers V. Veggie Shepherd's pie	<b>29. Rice cakes w/ sun butter &amp; jelly</b> Chicken Tikka Masala rice tacos & fresh fruit Tropical smoothie w/ Chex mix V. Tofu tikka masala	<b>30. Veggie Hash w/ ketchup</b> Ham and cheese hoagies w/ roasted root veggies & fresh fruit Chocolate tofu dip w /bananas V. Veggie and cheese hoagies	<b>31. Biscuits and honey butter</b> Meatballs pasta and Caesar salad & fresh fruit Fruit salad and crunchy pita chips V. Veggie balls pasta