

September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1. Biscuits & Jam Chicken tikka masala, basmati rice, naan, & fresh fruit Apple slices & goldfish crackers V. Tofu tikka masala	2. Breakfast bread BBQ pork sliders, sweet potato fries, & fresh fruit Cheese cubes & crackers V. BBQ veggie sliders	3. Cheese hashbrowns Beef stroganoff noodles, side salad, & fresh fruit Soft pretzels & chocolate tofu dip V. Veggie stroganoff noodles	4. Scrambled egg tacos Spinach basil pesto pasta, garlic bread, & fresh fruit Wheat thins & fresh fruit V. Entree is vegetarian
7. NO SCHOOL LABOR DAY	8. Cereal & dried fruit Spinach tortellini soup, grilled cheese bites, & fresh fruit Mango salsa & corn chips V. Entree is vegetarian	9. Bagels & cream cheese Cauliflower garbanzo coconut curry, naan, & fresh fruit Deli tray V. Entree is vegetarian	10. Mango lassi & graham crackers Pepperoni pizza, Caesar salad, & fresh fruit Hummus & crackers V. Cheese pizza	11. Baked ham & cheese rolls Beef & cabbage stir fry & fresh fruit Queso & chips V. Entree is vegetarian
14. Veggie frittata Chicken Alfredo pasta, chef salad, & fresh fruit Chex Mix & fresh fruit V. Veggie Alfredo pasta	15. Waffles w/ raspberry syrup Frito pie, corn on the cob, & fresh fruit Bananas & sun butter rolls V. Three bean chili	16. Tropical smoothie & graham crackers Bean & cheese tacos, chips & salsa, & fresh fruit Turkey & cheese bites V. Entree is vegetarian	17. Spiced peaches & cinnamon toast Harvest corn chowder, saltines, & fresh fruit Baby carrots, ranch, & crackers V. Entree is vegetarian	18. Cheese hashbrowns Teriyaki chicken w/ basmati rice & fresh fruit Tangerines & fortune cookies V. Veggie teriyaki
21. Rice cakes & apricot jam Chili mac, broccoli & raisin salad, & fresh fruit Fruit & Cheez-Its V. Mac & cheese	22. Greek yogurt, mango, & granola Chicken fajita tacos, guacamole & chips, & fresh fruit Fruit tray & cream cheese dip V. Mushroom fajita tacos	23. Breakfast bread Roast pork w/ arroz verde, & fresh fruit Oranges & animal crackers V. Tofu arroz verde	24. Boiled eggs & toast Chicken Shawarma Wrap, tomato & cucumber salad, & fresh fruit Pimento cheese dip & pretzel pita V. Veggie Shawarma	25. Rice Chex & bananas Beef & rice bowls, roasted veggies, & fresh fruit Veggie straws, broccoli trees, & ranch V. Southwest rice bowls
28. Migas w/ eggs Ham & cheese sliders, sun chips, & fresh fruit Green smoothie & crackers V. Veggie sliders	29. Hash browns w/ ketchup Chicken paprikash noodles, roasted veggies, & fresh fruit Cucumber coins, ranch, & crackers V. Tofu paprikash noodles	30. Vanilla yogurt & fruit Pulled pork nachos, corn salad, & fresh fruit Apple slices & sun butter V. Veggie Nachos		